

## STRENGTHENING TOLERANCE AND HARMONY IN THE FAMILY THROUGH THE CONCEPT OF RELIGIOUS MODERATION

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### ABSTRAK

Keluarga merupakan kelompok terkecil dalam masyarakat yang menjadi tumpuan utama untuk mewujudkan sebuah negara yang aman, damai, dan tentram. Harmonis adalah cita-cita dan harapan serta tujuan dari terbentuknya sebuah keluarga. Keluarga harmonis harus didasari dengan adanya sikap saling menghargai, saling menghormati, dan menerima perbedaan pendapat antara satu sama lain. Toleransi mengacu pada sikap yang tidak memaksakan kehendak, tidak mencela, dan tidak merendahkan orang lain karena perbedaan yang ada. Setiap orang pasti memiliki perbedaan maka dengan adanya pendekatan moderasi beragama dalam lingkup keluarga akan menjadi fondasi yang seimbang. Tulisan ini menjelaskan bagaimana penguatan toleransi dan harmonisasi dalam keluarga melalui konsep moderasi beragama yang dapat dilakukan dengan beberapa strategi. Dengan konsep moderasi beragama seperti *tawassuth*, *tawazun*, *I'tidal*, *tasamuh*, dan *musawah* yang menjadi tonggak utama terwujudnya keluarga harmonis. Nilai-nilai dari moderasi beragama ini jika diterapkan dalam kehidupan keluarga, maka akan memudahkan terwujudnya keluarga harmonis. Internalisasi dan adopsi nilai moderasi beragama dalam keluarga dapat membangun fondasi yang kuat, menciptakan lingkungan yang harmonis, dan mencegah terjadinya kasus keluarga non harmoni (*broken home*) yang berpotensi merusak kehidupan keluarga dan masyarakat secara keseluruhan.

**Kata Kunci** : Toleransi, Harmonisasi, Moderasi Beragama.

### ABSTRACT

*The family is the smallest group in society which is the main focus for creating a safe, peaceful and peaceful country. Harmony is the ideals, hopes and goals of forming a family. A harmonious family must be based on an attitude of mutual respect, mutual respect and acceptance of each other's differences of opinion. Tolerance refers to an attitude that does not impose one's will, does not criticize, and does not despise other people because of their differences. Everyone definitely has differences, so having an approach to religious moderation within the family will provide a balanced foundation. This article explains how to strengthen tolerance and harmony in the family through the concept of religious moderation which can be done with several strategies. With the concept of religious moderation such as *tawassuth*, *tawazun*, *I'tidal*, *tasamuh*, and *musawah* which are the main milestones in realizing a harmonious family. If these values of religious moderation are applied in family life, it will make it easier to create a harmonious family. Internalizing and adopting the value of religious moderation in the family can build a strong foundation, create a harmonious environment, and prevent cases of non-harmonious families (*broken homes*) which have the potential to damage family life and society as a whole.*

**Keywords:** *Tolerance, Harmonization, Religious Moderation.*

## INTRODUCTION

Every human being has certain unique variations, such as behavior, traits, attitudes, desires, ideals, life principles and life needs. Humans are also social creatures who have organizational groups in their lives. Differences that cannot be avoided and have become a condition for human beings are differences in race, ethnicity, culture, religion, economy, gender and region of residence.

In its nature, a human being is a creature with all limited knowledge in understanding the essence of the truth of Allah SWT's knowledge which is as vast as the ocean. This limitation in knowledge has resulted in the emergence of various interpretations when humans try to understand religious teachings. The truth of one human-made interpretation is relative, because the ultimate truth belongs only to Him. Thus, the obligation of every religious community is to believe in the interpretation of truth that they adhere to, while still providing room for interpretation of the truth that is believed by other people.

As a human being with limited knowledge in every practice, it is very easy for a person to fall into extreme and excessive understanding when studying religious teachings. At present, with the help of communication technology, excessive religious teachings are increasingly spread widely, and then have an impact on the destruction of the social order of life together. Therefore, religious moderation is precisely the antidote to the emergence of extremism in practicing religious teachings. So, with religious moderation which promotes the values of mutual understanding, respect and tolerance between family members who have different religious beliefs, a family will live in harmony (Issabela, N., & Hendriani, W,2010).

Humans are also destined to live in pairs to form the smallest unit called a family. Before forming a family there must be a certain goal, where the goal of marriage is *sakinah* (harmony), *mawaddah* and *warahmah*. A harmonious family life is a goal desired by many individuals. In achieving a harmonious family, the application of the value of religious moderation plays an important role in building relationships of mutual respect and tolerance between family members. Religious moderation refers to a middle attitude, tolerance, and respect for the diversity of beliefs in a family.

Strengthening the value of religious moderation in an effort to form a harmonious family is a very relevant and important step. First, the value of religious moderation promotes mutual understanding and tolerance between family members who have different beliefs. This creates an environment that is inclusive and respectful of differences, which in turn prevents conflict and tension that could potentially damage family harmony. In addition, the value of

religious moderation also encourages practices that strengthen family bonds, such as helping, supporting and respecting each other. Religious moderation also acts as a moral guide that directs family members to prioritize unity and cooperation, overcome differences, and strengthen family relationships. The value of religious moderation also allows families to face challenges and obstacles in a wise manner. Moderate religious beliefs provide a moral and ethical basis for family members in making decisions.

Values such as tolerance, respect, affection and good communication are important foundations in creating inclusive family harmony and mutual respect for differences. It is important to remember that achieving family harmony is an ongoing process. Families need to be committed to continuing to develop and strengthen harmonious relationships through open communication, mutual understanding and cooperation. Tolerance is an important part of social life, especially in the family, so it is necessary to teach all family members the meaning of tolerance to realize religious moderation. Families need to be committed to developing and strengthening harmonious relationships through open communication, mutual understanding and cooperation.

Islamic teachings as perfect and effective teachings must be taught and applied in real life to ensure a peaceful life. In a harmonious family, family members support each other and prioritize each other's needs and happiness. There is a sense of mutual respect, respect and mutual attention between husband and wife, parents and children, as well as between siblings. Every family member feels valued, heard and respected in all aspects of life.

## **RESULTS AND DISCUSSION**

### **The Importance of Tolerance in the Family**

In facing a country that has diverse cultures, tolerance becomes the main weapon for facing a problem that is synonymous with differences. Tolerance is also the main key in everyday life to live side by side with the people around you. Tolerance comes from the English language Tolerance which means to let, whereas according to the KBBI Tolerance means to be silent and allow. Badawi stated that Tasamuh (tolerance) is a stance or attitude that is manifested in the willingness to accept various views and positions even though they do not agree with them.

Tillman explained that in essence tolerance means the nature and attitude of mutual respect. Mutual respect does not only apply between religions and cultures, but tolerance towards differences in views within a group also needs to be fostered so that conflicts between individuals and groups can be minimized and can create a peaceful and tolerant social

atmosphere. Haricahyono said that the aim of developing attitudes of tolerance among students in schools and social groups, besides tolerance, of course, must be applied within a family. A family should instill tolerant qualities in its own family.

Tolerance in the family can occur if the family instills a multicultural spirit. One way that can be taken is to introduce multicultural education to each family member. Multicultural education is a process of instilling values and ways of life that are respectful, sincere and tolerant of the cultural diversity that lives in a plural society. By implementing multicultural education, it will be possible for the family to be classified as a tolerant family. Because the family is aware of cultural realities outside its culture where not everything is the same or homogeneous. Of course, this is reflected in the Indonesian state motto, namely "Bhinneka Tunggal Ika" which means "diverse but still one"

As part of a family, of course you want a family that is complete and prioritizes tolerance. Families that have strong tolerance will encourage the expression of their members' feelings in society. Through this reality, multicultural understanding can occur in each family which is then applied in everyday life. Usually families who have a multicultural understanding in their daily lives will be more open to various problems in their environment. One of them is openness to endogamous marriage. Endogamous marriage is a marriage between different ethnicities that triggers acculturation in the family. An example of an endogamy marriage here is a sharif marriage. The positive implication of endogamy is maintaining the local wisdom values of the sharif community, such as kinship values which politically have the potential as social capital to increase political awareness and culture in the context of participation and representation of the sharif community in local and national politics. Apart from marriage, multicultural awareness is also beneficial for the social life of each family member. By accepting something different from their family and prioritizing tolerance, the family has a positive impact on other families and society. In conclusion, families that prioritize tolerance will of course also receive positive feedback from society. Socialization will run smoothly and minimize problems related to cultural differences in society.

### **Harmonious Family Concept**

The Qana'ah concept in creating a harmonious family states that a family is called harmonious if all family members feel happy, which is marked by reduced tension, disappointment, and satisfaction with their entire situation and existence. Creating a harmonious family is certainly not as easy as imagined, but it is something that must be fought

for. The formation of a family is the result of a sacred agreement (mitsakan ghalidha) between husband and wife through marriage. Allah SWT. says in surah Al-Furqan verse 74:

وَالَّذِينَ يَقُولُونَ رَبَّنَا هَبْ لَنَا مِنْ أَزْوَاجِنَا وَذُرِّيَّاتِنَا قُرَّةَ أَعْيُنٍ وَاجْعَلْنَا لِلْمُتَّقِينَ إِمَامًا (٧٤)

Translation: "And those who say: "Our Lord, grant us our wives and our descendants as pleasing to (our) hearts, and make us priests of the pious." (Ministry of Religion)

This verse explains that 'Ibadur Rahman always asked his God to make his wife and children the children of the eye, a pain reliever for fever, to remove all wounds in the soul, an antidote to all disappointments in life. Thus, no matter how pious a husband is, he will not be feels happy if his wife and children are not devoted to him. Likewise, if the husband establishes virtue in the house and does not receive the wife's acceptance, the husband will be hurt. Therefore, the balance of control in the household is the unity of direction and purpose problems that must be addressed so that they do not turn into a prolonged crisis. Researchers have described various household cases in the previous section. Seeing these conditions, strategic efforts are needed to create a harmonious family.

The concept of qana'ah is offered in this article as one of the various solutions in creating a harmonious family. Qana'ah literally means enough. Meanwhile, in terms of terms, qana'ah is feeling sufficient for what Allah SWT has given. to us so that we can distance ourselves from greed. The nature of qana'ah is based on the understanding that the sustenance we get has been determined by Allah SWT. Qana'ah in the Al-Munawwir dictionary comes from the words *القناع, والقنوع, القنع*, the translation of which is feeling satisfied with what is received and willing to share it. Meanwhile, in terms of terms, qana'ah is an attitude of accepting one's sustenance as it is and considering it as wealth which allows them to maintain their status from begging from people.

### **Concept of Religious Moderation**

The family is the main center in instilling religious values in children. There is a hadith which states that "Every human being is born, they are born in a state of fitrah. It was his parents who made him a Jew or Christian" (HR. Bukhari-Muslim). A good relationship between children and parents can be created through small things that are done every day. For this reason, parents must be able to foster the values of religious tolerance in their children starting from small things, such as a sense of empathy, an attitude of being willing to listen, communicating effectively, and so on. Parents should not assume that critical children are the same as children who are difficult to control and tend to rebel. As happened in the community in Londut Afdeling III village. Especially in Mr Tumiran's family, he is the head of the family

as well as the head of the madrasa foundation and also teaches at his madrasa. He instilled in his family that the values of tolerance are very important in religious differences. He always teaches his children the importance of respecting others, because he is also afraid that children will not be taught religious moderation. Then a radical nature will emerge that rejects differences in religion. Not only that, he also taught this to students at the madrasah so that they would not develop a character that cannot tolerate differences.

### **Strategy for strengthening tolerance and harmony in the family through religious moderation**

1. Inclusive and tolerant religious education must be given to children from an early age, so that they can understand and respect other religions.
2. parents must be a good example in interacting with family members of different religions, showing tolerance and a willingness to discuss and share experiences.
3. various activities that promote tolerance and harmonization, such as interreligious dialogue, can be organized within the family.
4. parents must understand and respect the beliefs and traditions of other religions, and not force children to choose only one religion.
5. inclusive education and based on the values of tolerance must be implemented in schools, so that children can understand and respect other religions in a wider environment.

Thus, strengthening tolerance and harmony in the family through religious moderation can be a good example for the wider community and help create a stronger culture of tolerance in Indonesia.

### **CONCLUSION**

There are many prospective brides and grooms who see household needs as material needs only. However, apart from material things, there are also immaterial family needs. These two needs are equally important in building a household that is harmonious, reassuring, and full of love and affection. Therefore, every man and woman who wants to get married should understand and pay sufficient attention to these needs. Armed with sufficient knowledge about family needs through premarital guidance, potential problems that may arise, as well as strategies that can be used to find solutions to these problems, married couples are expected to be able to work together more closely in their marital commitment. This strong partnership based on love not only starts a harmonious family but also increases and maintains that harmony.

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